



Meals on Wheels

of West Los Angeles
University Religious Conference

Meals On Wheels of West Los Angeles continues to embody the spirit of the University Religious Conference in serving both the frail-elderly and younger disabled people in our community. Hot, nutritious meals prepared by the UCLA Medical Center and delivered by volunteers help people who are unable to obtain or prepare adequate meals remain independent.

It is exciting to see the variety of volunteers (mostly from the local churches and temples) who gladly give their time and energy to deliver meals, work in the office, serve on the Board of Directors, and make the program work. In January of this year new volunteers responding to the growing need made it possible to add a sixth route and increase the number of clients we can serve to 80 per day.

Gretchen Jeffery, who will celebrate her 92nd birthday this July continues to drive route #2 on alternate Thursdays and also serves on the MCW-WLA Board of Directors; on Mondays Cita Cohen does a double mitzvah by taking girls from Westlake School to help deliver meals on route #5; Joe Ehrnstein drives with Rebecca Neuwirth every Thursday on route #4; Joe's wife, Lillian, knits slipper socks for MCW clients as well as stacking caps for PATH; Steve Stonecipher and Anita Fossgreen, Resident Students of the URC deliver route #5 on Fridays; Paul Forbath and Katherine Matthews type, file, bank, and fill in to deliver meals.

Working together we do make a difference!! In 1986 MCW-WLA delivered 27,108 meals to 209 people!

A letter from the daughter of a former client describes MCW volunteers: "You took a genuine interest in him and always had time to greet him. He would share with me the chats each of you had with him. He dearly loved your visits--that was a special time for him! I, too, appreciate your being there by phone and your calls when he did not answer. It is a good feeling to know others really do care." Her father died quietly on March 20 - he would have been 95 in May.

We are happy to be a part of the URC and look forward to working together to continue this vital ministry. People do care!

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